



# **GET STUDYSMART!**

## STUDY SKILLS WORKSHOPS Y5-Y8

Boost confidence, determination and capability. Improve study and revision skills. Develop independent learning skills. Involve and support parents.

# POWERFUL AND UNIQUE

This course helps pupils understand how to be a **student** and fires them up to do their personal best. It creates a noticeable impact on the development of independent learning skills. It creates the mind and heart for study and pays attention to specific analytical and secretarial study skills. It motivates pupils and gives them purpose and focus. Children who are anxious or under-confident in study skills respond particularly well.

Successfully run in Prep, Junior and Senior schools for many years, with repeat bookings year on year, and based on unique and extensive research into 'study' and 'study skills', GET STUDYSMART! is a practical and fun quarter, half or full-day workshop for pupils (and/ or parents) with three consecutive levels if you wish to use them for a year group over time. It is ideal for the beginning of a term or prior to revision time or examinations.



### EFFECTIVE FORMATS

- An evening for Y7 pupils & parents in the Spring and a follow-up, full-day workshop with the same pupils in or Y8 in the Autumn. (Or Y5 becoming Y6.)
- An evening seminar for parents on supporting learning at home for the child facing 11+ or 13+/Scholarship. Wine and nibbles.
- Sessions with classes or year-groups during the day, followed by a staff twilight and then a parents' evening with, or without children.

Please ring to discuss your specific requirements. 07968 831 660.

#### **READY STUDY GO!**

Written by David Thomson

Have your pupils met the Magical Mansion Gang? PSHE time, Y5-Y8.

Order now from

www.futuremind.co.uk

"They loved it. Adored it.

I loved it." Caryn Brown, Y6 Teacher

#### FEEDBACK

## A Parents' Evening with Pupils & Parents tackling tasks:

"The parents gained new ideas on how they could support their child. Staff were delighted to see the pupils' new attitude permeate lessons as pupils demonstrated new found confidence."

Philipa Yugin-Power, Deputy Head, Churchers College Junior School

"Particularly impressive...first-rate...a splendid morning for our Y8 pupils. The sessions you led were thoroughly entertaining and educational. You adapted your programme skillfully to the requirements we had asked for and provided the pupils with just what they needed prior to undertaking their holiday revision."

Patrick Wenham, whilst Academic Director at St Andrew's, Eastbourne

- "I felt very involved. I think as a result of this I can concentrate better. I am very glad you came to our school."
- "I found it mind-boggling. I learned a lot today, definitely and am looking forward to try and tackle some work with these new revision tactics."
- "I came here today scared of exams and shaky. I came out with being happy going into any exam. Thank you!"

Y8 pupils at The Mall School, London

"David, you're mad. But it was brilliant. It will really help me." Y10 pupil Denstone College

## EXAMPLE PROGRAMME

(from which shorter sessions are designed with your guidance) Session A 'Your Attitude'

- Getting the right approach
- Fluff and Hooks!
- Pupil or student?
- Your best teachers...
- Being your own best teacher
- The 'Gandalf' effect negative inner voices and the cure
- Finding your 'YETI'
- Time management & work conditions
- Handling your worries
- Building your own 'A.B.S.' safety system for study

#### Session B 'Your Brain'

- The Pizza Principle of learning
- Grand 'post-it' exercise
- Your brainy brain
- Using Mnemonics SPROUTS!

#### Session S 'Your Senses'

- Understanding how sensible you are!
- Practical advice on using the power of your senses
- Thomson's Top Ten Tips for Tackling Tests
- The death of an orange
- Review, Action plans, Learning Logs.

